

From Rev. Doug and your Church Council
Re: Coronavirus (COVID 19)

Our Church Council at Parkdale United Church is very aware of the Coronavirus (COVID-19) and is watching the situation very carefully.

Public health officials have suggested general measures to limit the spread of the virus. We strongly suggest that you too follow these practices:

- Wash your hands often with soap and water for at least 15 seconds.
- If soap and water are not available, use an alcohol based hand sanitizer.
- Avoid touching your eyes, nose and mouth with unwashed hands.
- Avoid close contact with people who are ill.
- Stay home if you have influenza/respiratory virus symptoms. (e.g. fever, cough, trouble breathing).
- Cover your cough or sneeze with a tissue, then immediately throw the tissue in the garbage and wash your hands.
- If you don't have a tissue, sneeze or cough into your sleeve or arm.
- Clean and disinfect frequently touched objects and surfaces.

Your Church Council has taken the following steps during Worship:

- Hand sanitizers are available in the worship space for all to use.
- Use alternate forms of greeting to hugs, handshakes etc.
- Precautions are being taken to reduce the number of people touching communion elements and trays.
- Disposable but recyclable coffee cups will be used at coffee time after worship.

Remember, please stay at home if you are ill!

Please pray for those currently suffering from the virus as well as medical teams who take risks in caring for the sick. Also pray for communities and businesses that have suffered setbacks because of racial discrimination as a result of the situation.

Thanking you in advance,

Rev. Doug